

## Coordinator, Mental Health & Wellness/Mental Health Care Provider

**Branch:** Performance Health

**Department:** Sport Sciences & Medicine / Mental Health & Wellness

**Work Location:** Remote – US or UK

**Reports To:** Vice President, Mental Health & Wellness

**FLSA Classification:** Exempt

Last Revision: May 21, 2022 KAS

### Summary

The Coordinator of Mental Health & Wellness will contribute to the design, development, and implementation of Sport Sciences & Medicine (SS&M) services/athlete care, and Performance Health administration, education, and WTA Labs as assigned.

As a WTA Mental Health Care Provider, the clinician collaborates with Performance Health team members to ensure complete integration of care. This comprehensive treatment approach within Performance Health is designed to facilitate WTA athletes' autonomy, resiliency, performance goals, and healthy coping strategies for life, both on and off the court.

### **Essential Duties & Responsibilities:**

MHCP - Essential Duties and Responsibilities

- Engage and collaborate intra-departmentally on mental health and wellness services, education, case management, research, resources, and programming.
- Collaborate with WTA staff while working at tournaments around the world.
- Provide professional, consistent mental health and wellness care, on- and off-site, to WTA players to enhance autonomy, performance, resiliency, and healthy coping strategies, addressing stressors, both on and off the court.
- Complete all required portions of mental health and wellness tournament documentation.
- Conduct Introductory and Mandatory Physicals (primary focus on mental health and safety portions), provide recommendations, and ongoing follow-up.
- Conduct 'rookie hours' and introductory sessions with players new to the WTA and their teams, as applicable.
- Provide appropriate outside consultation resources to athletes when applicable.
- Design and deliver mental health, mental performance skills, tour life skills and safety resources and programs to enhance the WTA Player members' health (inclusive of WTA staff and PST education).



- Apply current developments, proven practices, and initiatives in mental health pertaining to global elite sports, inclusive of mental skills performance, wellbeing, tour life skills and safety initiatives.
- Source and provide specific, individually targeted resources to players as part of their psychological health care management.
- Be fully conversant in the principles of athlete safeguarding, and prevention of non-accidental violence (abuse) in sport and provide education on this subject to players and their teams, in conjunction with the Director of Safeguarding.
- Actively support Performance Health and WTA on-site initiatives (e.g. Advantage, Player Development programs).
- Collaborate inter-departmentally on services, education, case management, research, resources, and programming (within boundaries of confidentiality).
- Represent Mental Health & Wellness, Performance Health, and WTA philosophies, initiatives, and perspectives to relevant external organizations via presentations, interviews, committee positions, and related opportunities as assigned.

## Administrative Responsibilities

- Attend and engage in multidisciplinary team meetings (on-site point-person meetings, SS&M injury meetings, Athlete Care weekly, and others) as applicable to function and as directed by VP, Mental Health & Wellness and/or SVP, Performance Health.
- Within confidentiality guidelines, communicate with WTA staff & departments regarding Mental Health & Wellness topics.
- Complete mental health and wellness documentation in EMRS per clinical recordkeeping procedures and in a timely manner.
- Understand, adhere to, and apply WTA rules specifically applicable to Mental Health & Wellness and Performance Health, including Code of Conduct (WTA Safety), Tennis Anti-Corruption Programme, and Tennis Anti-Doping Programme.
- Understand, adhere to, and apply Performance Health (inclusive of Mental Health & Wellness) Protocols.
- Actively participate in Mental Health & Wellness and Performance Health staff meetings.
- Manage own travel needs, inclusive of flight and lodging bookings, within budget parameters and submit timely expense reports within WTA financial policy.
- Complete all required WTA staff orientation procedures and processes, including completion of all WTA Player Development orientation lessons.



- Complete required reports and medical records in accordance with WTA policies.
- Serve as point person for external contracts and partners as assigned.

### **Professional Responsibilities**

- Meet and submit all WTA MH&W annual requirements inclusive of, but not limited to:
  - Maintain current licensure or qualification requirements to practice (if applicable)
  - Be an active member of professional organizations/associations
  - o Fulfill professional continuing education requirements.
- Maintain privacy and confidentiality per licensure/qualification requirements and/or WTA policies.
- Meet WTA and PH Curriculum education requirements.
- Remain current on practice acts, rules & regulations based on relevant licensure or qualification.
- Complete all required WTA staff procedures and processes, including continuing education requirements.
- Participate in team meetings and staff briefings when applicable.
- Understand, review, and collaborate with VP, PH R&R to refine WTA rules/policies specifically applicable to Mental Health & Wellness, including Code of Conduct, Tennis Anti-Corruption Programme, and Tennis Anti-Doping Programme.

#### **Education and Experience**

- Master's or Doctorate degree (or international equivalent) in Counseling/Clinical Psychology, Counselling, Counselor Education, Mental Health, and/or Social Work with minimum 3 years of clinical and sports (working directly with high-performance athletes) experience.
- Preferred:
  - o Mental health clinician experience within a tennis and/or elite sports organization
  - Qualifications and/or experience with athlete wellness and safeguarding
  - o Qualifications and/or experience with female and adolescent athletes



• Experience collaborating with and/or working as part of a multidisciplinary health care team

## **Required Skills and Competencies**

- Excellent communication (written and verbal) skills
- Excellent interpersonal skills including an understanding of and experience working with diversity and inclusivity awareness (cultures, languages, ethnicity, LGBTQ, religion, etc.)
- Fluent in English. Proficiency in a language other than English is desirable
- Must be able to manage multiple projects simultaneously
- Must be resourceful and solution-focused; take initiative and be able to work independently
- Adaptive/flexible in a changing work environment

### **Travel Requirements**

Position requires frequent international and domestic travel. Travel to St. Petersburg, Florida for meetings upon request.

## **Supervisory Responsibilities**

None

#### **Position Type/Work Schedule**

Full Time, 40 hours a week. Typical schedule will be Monday-Friday. Will also include some weekends and extended hours.

# **Work Environment/Physical Demands**

Work environment characteristics described here are representative of those that must be met by the employee to successfully perform the essential functions of this job. Reasonable accommodation may be made to enable individuals with disabilities to perform the essential functions.

### **Working Conditions**

The noise level in the work environment is usually quiet to moderate. The passage of employees through the work area is average and normal.

Physical Demands



The employee is required to sit for long periods; use close/distant vision; hear using the telephone; bend at the waist and knee; communicate verbally and electronically with worldwide constituency; use hands and fingers to operate a computer and telephone keyboard. Must be able to lift 50 lbs.

Every WTA Mental Health Care Provider will uphold WTA Core Values: Be Progressive, Collaborative, Passionate, and demonstrate Integrity. These core values set the tone in everything we do, help us succeed on and off the court, make a difference in the community and create a premier, compelling global sport entertainment experience. It is important that the person in the position commits themselves to these core values so that we can constantly move forward in the same direction – Together.

The WTA is an Equal Opportunity Employer.